# Emma Brown

Baltimore MD | emmabrown@ymail.com | 410-000-0000

## Professional Summary

Reliable, compassionate Certified Nursing Assistant with more than two years’ experience caring for elderly and vulnerable adults in long-term care. Provide excellent patient care for bedridden, physically challenged, and memory-impaired residents. Friendly and patient. Available days, evenings, weekends, and holidays. Discreet and confidential in all dealings.

## Licenses & Certifications

* NA Licensed in Maryland
* CPR Certified

## Professional Skills

### Communication and Interpersonal

* Offered conversation and companionship to long-term care residents; established and maintained positive patient relationships.
* Responded to patient calls in a timely and efficient manner. Determined needs and provided for care of individuals.
* Related well with team members, residents, and families.
* Provided social and emotional support; encouraged residents who felt sad or lonely.
* Observed physical and emotional changes; reported patient conditions to nurses.

### Care and Support

* Assisted residents in the process of getting ready for the day; ensured they were comfortably on time for all meals and activities.
* Helped residents with daily hygiene including showering/bathing, oral and peri care, incontinence care, minimizing rashes, sores, and soiling.
* Transferred individuals from bed to chair, bed to commode, chair to commode, using Gait Belts, Hoyer Lifts and EasyStands as needed, ensuring patient safety and comfort.

### Organizational

* Visited and evaluated patients daily to determine which patients needed more time to prepare for the day and to respect the needs of each individual.
* Inventoried housekeeping and personal supplies of residents. Replaced or had supplies ordered as needed.

### Recreation & Physical Therapy

* Supported residents with field trips, arts and crafts, music, games, and reading activities. Ensured participants had accommodations and positive experiences.
* Worked range of motion and other rehabilitation activities with patients as instructed by LPN or RN. Took vital signs.
* Helped patients with daily living activities including walking and exercising; helped residents achieve a good quality of life.

## Work History

* Certified Nursing Assistant, Reliable Senior Services, Baltimore, MD, 05/2020 – present
* Certified Nursing Assistant, Central Hospital, Baltimore, MD, 12/2018 – 04/2020
* Certified Nursing Assistant, Maryland Health Clinic, Baltimore, MD, 11/2017 – 12/2018

## Education

* Certified Nursing Assistant Certificate, Community College of Baltimore, 2017
* Graduate, Baltimore Central High School, Baltimore, MD, 2017