

# Job Search Help for Ex-Offenders



## Is a criminal record keeping you from jobs or training?

Find easy-to-use tools and resources to help overcome the many challenges faced by job seekers with a criminal record. [CareerOneStop.org/ExOffenders](https://www.careeronestop.org/ExOffenders)

### Not sure which kind of work is right for you?

- Take a survey of skills and interests and find careers that match.
- Learn about different careers and any work restrictions due to your conviction.
- Set goals to find a job in your chosen career.

### Check your skills: need more training?

- Need your high school equivalency/GED®? Find local contact information.
- Find basic skills training like math, English, and computer use.
- Learn about training programs, some as short as one month, to improve your career prospects.
- See information on colleges in your area, and learn how to pay for college.

### Ready to search for jobs?

- Find out how to handle your conviction on job applications and in interviews.
- Learn about gathering personal records, writing a resume, and getting job references.
- Link to job listings.
- Learn how to talk about the benefits for employers who hire ex-offenders.

### Need housing, food support, or medical care to be ready to go to work?

- Find out where to get your driver's license and collect your vital records.
- Locate basic needs support, legal assistance, sobriety programs, and more.

# More CareerOneStop Resources

## mySkills myFuture

**mySkillsmyFuture.org**

Helps laid-off workers and other career changers explore new careers that may use the skills and experience gained in previous jobs.

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## Veterans ReEmployment

**CareerOneStop.org/Veterans**

A one-stop website for employment, training, and financial help after military service.

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## Business Center

**CareerOneStop.org/BusinessCenter**

A one-stop source for help hiring, training, and retaining a strong workforce.

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## Job Search Help for Ex-Offender

**CareerOneStop.org/ExOffender**

Tools and resources to help job seekers with a criminal record explore careers, get training, and find a job.

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## Disaster Recovery Services

**CareerOneStop.org/DRS**

Quick access to a range of employment and related resources for people and businesses impacted by floods and other recent disasters.

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## Competency Model Clearinghouse

**CareerOneStop.org/CompetencyModel**

Validated industry competency models and tools to build a custom model and career ladder/lattice for your industry.

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For information about jobs, training, and career resources call 1-877-US2-JOBS or TTY 1-877-889-5627.

### Connect with us:



**Email:** [info@CareerOneStop.org](mailto:info@CareerOneStop.org)  
**CareerOneStop.org**

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